Instructions for the collection of urine specimens for Cytology

In order to carry out the test a specimen of urine is required by the laboratory. The first specimen of urine passed in the morning is unsuitable for testing.

Please collect the specimen later in the morning.

You have been supplied with a laboratory request form completed either by your General Practitioner (GP) or hospital consultant.

What sample bottle should I use?

The sample bottle should be given to you by your GP or consultant. The packaged specimen container, Uricyte bladder cytology kit, contains a small volume of liquid preservative and a disposable funnel.

How do I collect the specimen?

1. Open the plastic packaging by cutting across the top.
2. Remove the lid from the specimen bottle and fit the disposable funnel on the container.
3. Pass a specimen of urine into the funnel until the specimen bottle is almost full.
4. Remove the funnel from the container and screw the lid on to the specimen bottle firmly.
5. Gently mix the contents of the container.

What information should I write on the bottle?

Once you have collected the sample write your forename, surname, date of birth and address and NHS number clearly on the label on the specimen bottle. Also include the date the sample was collected.

What do I do with the sample once I have collected it?

As soon as possible take your collected specimen together with the request form from your GP or consultant to your GP surgery or directly to the Pathology Specimen Reception at Peterborough City hospital.
Further information is available from the Department of Cellular Pathology on 01733 678468

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